

TangoStride

(formerly NeuroTango)



Developed by Gabriela Condrea, M.Ed.

author of *WHEN 1+1=1*



Tango



Social Argentine Tango

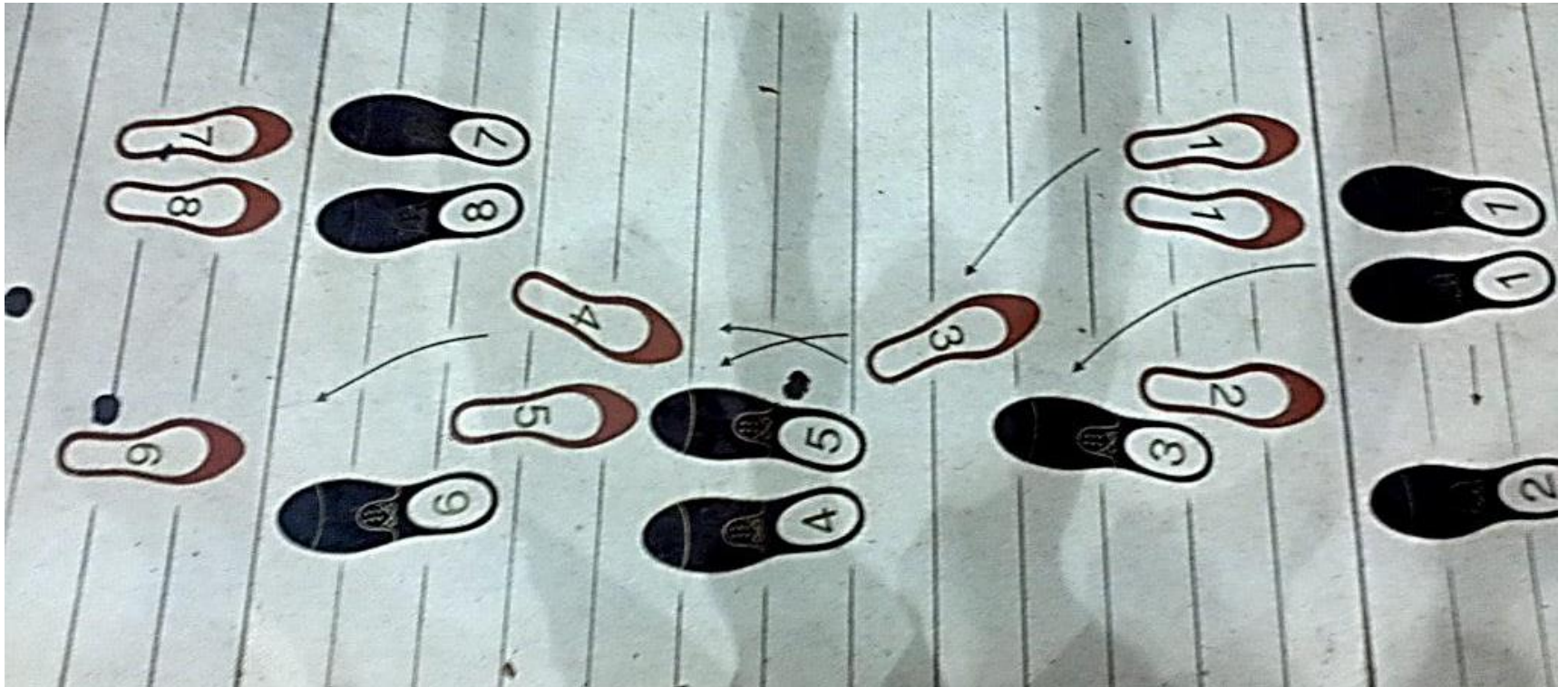


There was this couple...



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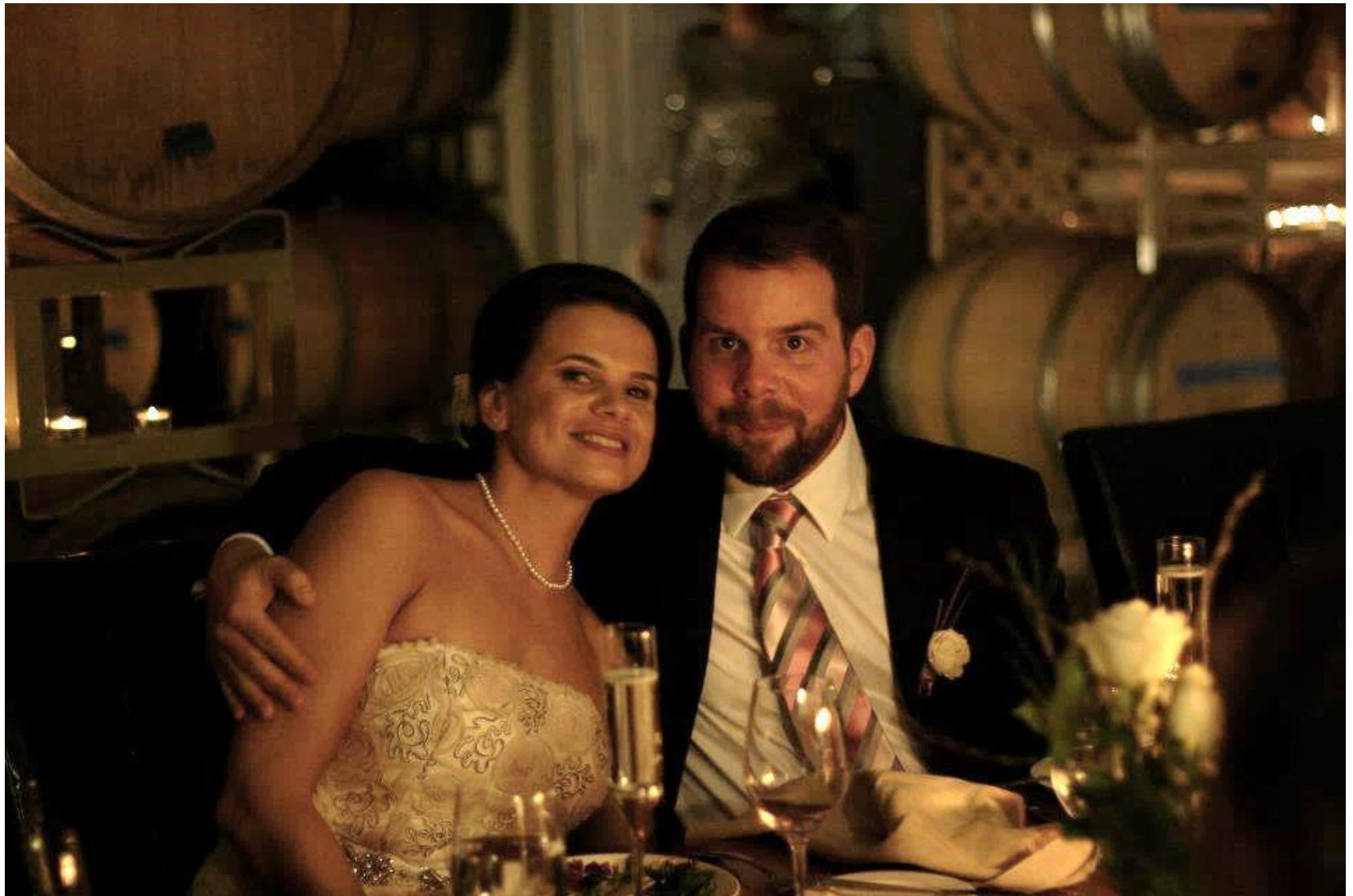
Canned Dance Steps



Like Canned Conversations

Speaker	Spanish	English
María	¡Hola!	Hello,
Josh	¿Cómo estás?	How are you?
María	Bien, ¿y tú?	Well, and you?
Josh	Muy bien*	Very well.





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**Tango is About
the Connection™**
A collaborative approach
(since 2010)

- **Master's in Education**
- **20 yrs teaching experience**
- **book: WHEN 1+1=1**
- **Europe Tour 2011**
- **US/Canada Tour 2012**
- **Argentina & Uruguay 2013**

When 1+1=1

That "Impossible" Connection



Gabriela "la Moldava" Condrea

When 1+1=1

2012 – 2016

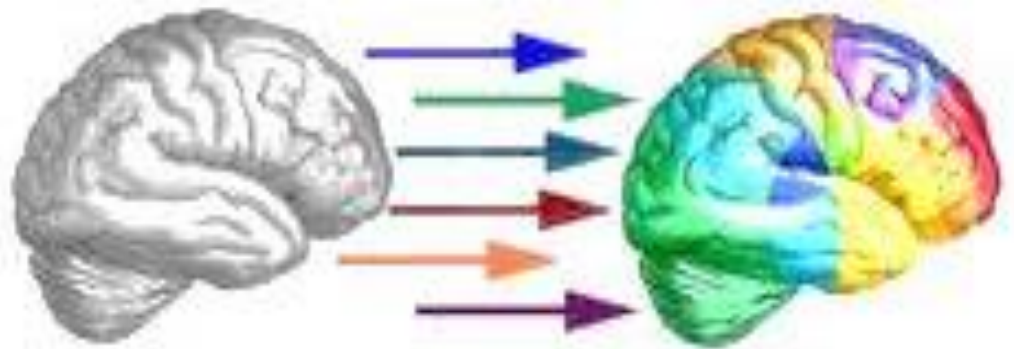


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TangoStride

Neuroplasticity



4 Levels of Mobility



Life is about the energy we share.



Steve & Shawn, Seattle BrainWorks



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The Seattle Times



Chicago Tribune



“Tango helps me face my fear of falling.”

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– Tho



Ellie:
**“[TangoStride]
has changed
my life.
I dream of
tango.”**



Janice:
“Nancy is hot
to trot!”

“Shawn has become more engaged...



and I would attribute that to TangoStride,”

Nicole Fullerton

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Director, Seattle BrainWorks

“Why stroke victims are turning to the tango”

CBS News





Four-Legged Partnership

TangoStride improves:

posture & balance

coordination

responsiveness

spatial awareness

confidence

Partners:

Lifestyle Medicine & Fitness Center

UW Medicine | VALLEY MEDICAL CENTER



Seattle BrainWorks
a program of PROVAIL

Media: UW Medicine CBS NEWSBEAT
UW HEALTH SCIENCES



The Seattle Times

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rangostrade.com

Chicago Tribune

A bridge between rehab & regular activities



TangoStride Program:

Small-Group Classes

\$12 drop-in or pay-what-you-can
(value: \$60-80/survivor)

One-on-One Sessions

\$105/hr

Hugs that Empower Nonprofit



Providing
dance
opportunities
for people
with
disabilities.
Est. Sept 2016

Our Team



Sarah Devine, **Stroke ARNP**
Valley Medical Center

**Neurologists, Nurses &
Rehab Therapists @**
Swedish Harborview
Overlake
Northwest
Valley Medical Center



Michele Kauffman & Joel Laguatan
TBI Community Organizers



Collin Graham & Justin Baker
Volunteers, Valley Medical Center



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Board Members

TangoStride Classes

Wednesdays:

11am TBI survivors

Seattle BrainWorks

2pm Stroke survivors *(Feb 2018)*

Valley Medical Center

And more coming.... Stay tuned!

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**Anything is possible,
one step at a time.**



TangoStride

“Dance to Walk”



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