

## Top Ten Things I've Learned From/Since my Stroke

10. I've learned to live pretty well on less than half the income I was accustomed to.
9. I've gained a great deal of respect for those poor souls born right handed.
8. I've learned who my real friends are.
7. I've learned that cats are actually capable of love.
6. I've learned that work ethic, perseverance and faith cannot overcome all obstacles.
5. I've learned that the only thing that separates survivors from victims is accountability. I take responsibility for the whole of my life, the good, the bad and the ugly.
4. I've learned to be more patient and get frustrated less easily.
3. I've learned that anger is one letter shy of danger.
2. I've learned that automatic transmissions are not only ok, but actually pretty cool.
1. And the number one thing I've learned is how to successfully crack an egg with one hand.