

# **The Brain Injury Alliance of Washington Beyond the Resource Center**

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**Brain Injury**  
Alliance  
**WASHINGTON**

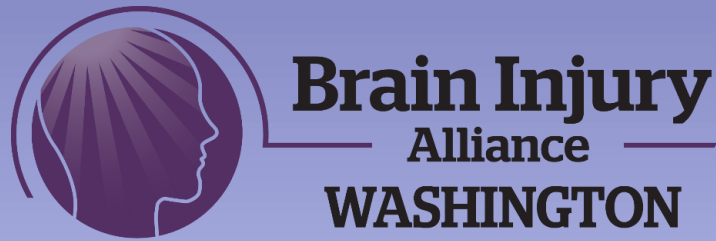


# Brain Injury Alliance

WASHINGTON

Our **vision** is a world where Brain Injury is prevented, and every person already affected by its impact benefits from resources that maximize his/her quality of life.

Our **mission** is to increase public awareness, support, and hope for those affected by Brain Injury through education, assistance, and advocacy.

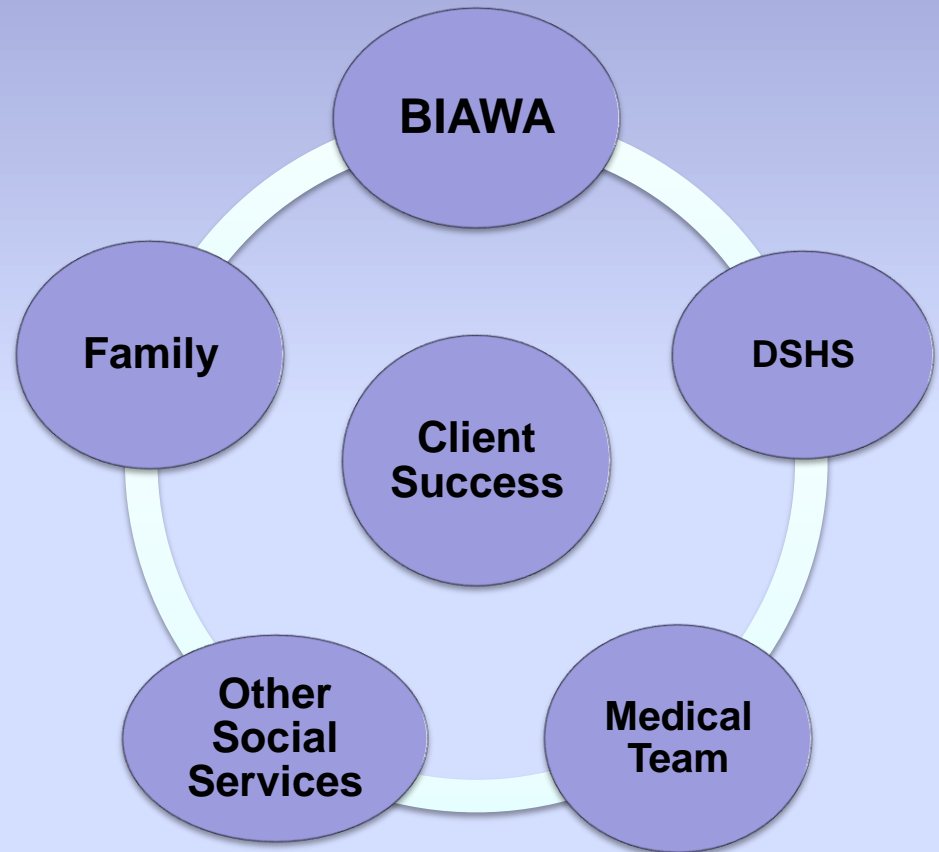


## How do we accomplish this?

- BIAWA offers **Free Support Services** to individuals throughout WA whose lives are affected by Brain Injury.
- We support individuals in attaining the quality of life they deserve using an empowering client-centered approach to support.
- Connecting individuals to the supports needed to succeed!

# A System of Support

- None of us can do it alone!
- How do we integrate all of our services to create the best system of support for those we serve?



# Services Include:

- Statewide Toll-Free Resource Line
- In-person Resource Management & Clinical Case Management (Adults & Pediatrics)
- Support Groups
- Trainings in the Community
- Peer Navigator Program
- Social Engagement Opportunities
- Volunteer Thursdays
- Academic Scholarships
- Brain Injury Art Show
- Coming Soon: Brain Health & Wellness Program

# Washington TBI Resource Line

- Statewide Toll Free Line 1-877-824-1766
- 9am-5pm M-F
- Point of Entry for Access to services through BIAWA
- Offering support, information & referrals to:
  - Physicians, Facilities, Attorneys, Housing Etc...
  - Public assistance such as food, housing and other benefits
  - Social Activities, Support Groups and Events
  - **Adult and Pediatric Resource Management**



# Resource Management



**Regional Information and Color Key**

- Eastern Region
- Central Region
- Northwest Region
- Puget Sound Region
- Western Region
- Southwest Region
- No In-Person Services - Please call the WA TBI Resource Line at 1 (877) 824-1766

The BIAWA has boots on the ground in counties that cover more than 90% of the TBI incidence

# Resource Management

## Pediatrics and Adults

In-person support for survivors, families, and caregivers to assess their current resources and needs and to provide support in accessing additional resources.

Resource Management is:

- Geared Toward Successful Reintegration
- Goal Driven
- Client Centered





# Connecting Community to Needed Supports

- 2,500+ resources specifically vetted for individuals with Brain Injury
- Resources for:
  - Social Support
  - Government Assistance
  - Access to Medical Care (insurance)
  - Assistance with Activities of Daily Living



We support individuals in all aspects of life!

# Support Groups

## 60+ throughout Washington



<http://www.biawa.org/supportgroups.php>

# Peer Navigator Program

- Initially we are partnering with Harborview Comprehensive outpatient Rehabilitation Program( CORP) to identify clients.
- To connect individuals who have recently suffered a brain injury, or are struggling, with Brain Injury thrivers who have had successful experience navigating and connecting post Injury.





# **Social Engagement**

## **A critical piece for survivors & families**



**Tulip Festival**

**Walk, Run & Roll**

**Pyramid Dinner**

**Holiday Party**

**Art Show**

**Volunteer Thursdays**



# Brain Health & Wellness

- A non-clinical approach
- Offering classes to enhance quality of life
- Partnering with medical systems & community centers
- Yoga
- Art Classes
- Nutrition
- Cooking Class
- Money Management
- Organizational Skills



# Upcoming Events

- **Gala** November 21st
- **Holiday Party** December 10th
- **Pyramid Dinner** March ?
- **Walk, Run & Roll** April 3rd
- **Tulip Trip** April 13th
- **Art Show Opening** June 4<sup>th</sup>

[www.facebook.com/braininjurywa](http://www.facebook.com/braininjurywa)



# What It's All About



“When I first called, I breathed a sigh of relief for the first time in almost a year. I finally felt like someone was actually going to help me fill in my acquired gaps.”

# What it's All About Kate's Story

- “She was in a coma for 4 months and had to relearn to sit up, walk, talk and feed herself.”
- “Her friends came to visit at first but that gradually petered out.”
- “For 10 years I felt invisible, lost and lonely. BIAWA helped me figure it out for myself. I am now visible again.”
- “She feels powerful, connected and is giving back to the community.”



# Contact

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